

STOP PARENTING START COACHING

MINDSET
COACHING
www.mindset-coaching.com

One Day Empowered Parent Coaching Program

Date: August 8

Day: Sunday

Fee: 1st person \$179.00

2nd person \$143.20

3rd person \$134.25

Venue: 321 Orchard Road ,
#06-02 Orchard Shopping Centre
Singapore 238866

(Somerset MRT. Orchard Shopping Centre, Ground Floor - 7-eleven and Poh Heng)

Register through email: dolly@mindset-coaching.com or

Mobile phone 93636559

Your names: Mobile phone No: Email Address:

Pls check availability of seats, call or sms 93636559 before you transfer payment to:
Mindset Coaching DBS Current A/c 015-902046-0

Kindly note that all fees paid are non refundable.

In this program you will be exposed to tools and techniques in conscious and mindful parent coaching: -

1. How to shift from playing blame game to taking self responsibility
2. How to shift from problem to solution focus.
3. Know what are the five most common mistakes parents make and how to avoid them.
4. How to replace the 7 unconscious parenting habits with 7 parent coaching habits
5. URA Model for successful parent coaching
6. Tools & techniques to master the 3As of Parent Coaching
(Awareness, Active Listening and Asking Powerful Questions)



Trainer/Facilitator: Dolly Yeo
A Certified Life Coach with Results Coaching System (Australia) A Certified Active Parent Leader In “Families In Action” (USA) A mother of three children, ages 15, 19 and 21 years old

“Stop Parenting and Start Coaching” Registration Form
(Pre-registration is required)

Program Name: _____

Name (Dr/Mr/Mrs/Ms/Mdm): _____

Email: _____ HP: _____

Address: _____

Occupation: _____ No. of children/age(s) _____

We will confirm your attendance via email or sms.

Date: _____

Kindly complete the Registration Form and email to dolly@mindset-coaching.com or sms to 93636-559

Your names: Hand phone No: Email Address:

Dolly Yeo Mobile phone: 9363 6559 Founder of Mindset Coaching Email:

dolly@mindset-coaching.com

Website: www.mindset-coaching.com <http://www.mindset-coaching.com>

www.parentingwithdolly.com <http://www.parentingwithdolly.com>